

**Health and Wellness Advisory Committee**  
**April 26, 2011**  
**Silver Spring Library**  
**Meeting Summary**

**Attendees:** Odile Saddi; Phil Smakula; Susan Emery; Shawn Brennan; Joanne Balkovich; Pazit Aviv; Mary Sweeney; Roliette Gooding.

**Guest Speaker:** Ruth Martin, Planner, Montgomery County Department of Health and Human Services

**Healthy Montgomery (formerly CHIP)**

Ruth discussed the history and purpose of Healthy Montgomery ([www.healthymontgomery.org](http://www.healthymontgomery.org)) and demonstrated its capabilities on screen. She is open to including news and other information related to senior health.

*Perhaps we'd like to weigh in on the content posted on the "Health-Older Adults/Aging" page: <http://www.healthymontgomery.org/modules.php?op=modload&name=Resources&file=index&topic=70>*

**End-of-Life**

1. County Council/CE signed a proclamation in honor of National Healthcare Decisions Day which included a reference to a Bill of Rights for End-of-Life Care
2. A proposal for a new procedure for first responders has been forwarded.
3. MOLST legislation passed (creates a document with doctors' orders that is applicable across treatment settings.)

**Fall Prevention Campaign**

Reviewed last year's activities and discussed options for this year, including reaching out to the Montgomery Medical Society as a way of reaching physicians. Mary touched base with staff at Hebrew Home and Pazit discussed challenges of tracking falls in HOC properties.

**Discussed Potential Outcome Measures**

**Potential Future Topics**

1. Learning about Medicare, new developments (i.e., implications of the Affordable Care Act), challenges, etc.
2. Addressing cognitive health